

Mercy Hospital School of Nursing Alumni Newsletter

Spring 2025

FROM YOUR PRESIDENT

Hello Alumni,

I hope all is well and you are enjoying spring coming our way. After a long cold winter, we most definitely need to celebrate spring!

The focus of our Spring Fling on May 3 is to promote a healthy lifestyle and inner peace to all of us. As nurses, we often take care of ourselves the least, so we want to focus on our well-being and self-care.

We also have some exciting news regarding scholarships for alumni. We are changing the guidelines to include professional nursing memberships, certifications, and conference fees, as well college credits. Please see the guidelines in this issue.

We are also in the process of updating our website. For a time you may see it marked "Under Construction," but it will be amazing and more helpful to us all. Stay tuned!

Also, I would like to thank the board members as well as the entire alumni for your continued support of our association. It really is an honor to have such an active membership, and we continue to grow!

Enjoy the newsletter...there are many cherished memories waiting to be read.

Warmest Regards,

Marian Kowatch Bindas '85



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Marian Kowatch Bindas '85

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FROM THE DESK OF SISTER CAROLYN

Spring Greetings to all my friends,

The word Spring reminds me of last year's wonderful April gathering at the MHSN Alumni Spring Fling held in the Hospital auditorium. Just talk to anyone who was there! I would love to see you at the Spring Fling scheduled for May 3rd. You deserve a time for relaxation.

Mark your calendar now.

The same happy members of the Board are designing an enjoyable event. Come and bring one or more of your classmates. That makes it even more enjoyable.

Just a reminder, Board members are serving terms that are not lifelong. Think about allowing some of us to move on. New people bring new life and ideas. We have an enjoyable commonality while planning activities.

Blessings for you all.

Sister Carolyn

UPMC Mercy Hospital School of Nursing UPDATE

By Angela Balistrieri '96 Director, School of Nursing

Hi Alumni Friends,

I hope you are all doing well and are ready for spring after a particularly cold winter. We are excited to report that our school of nursing continues to go strong with high enrollments and NCLEX pass rates.

In 2024 we graduated 110 students with a 94% NCLEX pass rate. We continue to support the students by offering tuition assistance from UPMC in exchange for a work commitment post-graduation.

Our graduates continue to thrive in all aspects of nursing, taking positions in med-surg, critical care, pediatrics, obstetrics, and mental health units. We are always grateful for your continued support of the school of nursing.



Class of December 2024

Mercy Angels

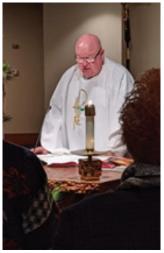


Eileen M. Young Katter	01/11/25	1946
Dorothy Smith Haley	06/23/23	1947
Martha Jane McMasters Becker	04/23/16	1948
Bernadette Murphy Donley	03/05/24	1949
Audre Damer Grant	04/24/24	1949
Sophia Himchak	05/03/24	1949
Joan Walls Hurley	07/21/24	1949
Charlotte Fennell Johnston	01/19/15	1949
Eleanor Herrick Kovacs	05/04/24	1949
Mary Ellen McLaughlin Zabel	03/05/24	1949
Virginia Robinson Crowe	12/21/24	1950
Dorothy Murtha Pearl	03/04/01	1950
D. Deanne Tornblom Gelis	02/08/21	1950
Jane Laber Criner	4/4/2024	1950
Jane Mackin Gobbie	11/23/24	1953
Bevery Smith Osinski	11/20/22	1954
Philomena Melillo Rettig	09/23/24	1954
Shirley Stevenson Geary	08/31/24	1955
Claudette Mary Dresmich McCormick	08/20/20	1956
Victoria Damato	04/01/18	1957
Cecilia Maygers Voyce	06/16/23	1957
Cynthia Pawlowski Carpico	02/12/24	1957
Joan McDonough Benjamin	01/11/25	1958
Carol Stasik Wunderlich	01/15/20	1960
Patricia Misczak Bracco	10/17/24	1961
Donna Griffin	12/12/24	1968
Clarice Soles Blumette	10/31/24	1973
Jude Kudrik Bodnar	10/10/21	1975
Margaret Ann Hudson	01/10/12	1975
Kristan Shorsher Hanko	01/23/25	1979
Yandola Glad	12/20/24	1981
Natalie Dorosal Drop	01/31/25	1984

If you hear sad news of a classmate passing away, please let us know and we'll send a card of condolence to the family.

MEMORIAL MASS NOVEMBER 16, 2024

The Alumni Association continued the beautiful tradition of attending a Memorial Mass in loving remembrance of our deceased Mercy Angels. We were blessed to have as the celebrant Father Jim Dowds, son of Mary Jo Stewart Dowds '42 and brother of Maggie Dowds McWilliams '76. The Angels of Allegheny conducted a touching tribute to our Mercy Angels. Following the Mass, we enjoyed lunch, sharing updates, and reminiscing. Many thanks to the coordinators Sister Carolyn, Linda Dunlop Fowler '62, Theresa Brown Krzemien '73, and Chris Arison Constantine '73.







CONNECT WITH US!

Mercy Hospital School of Nursing Alumni Pittsburgh

www.mhsnpittsburghalumni.com
Email: mercyalums@gmail.com
Facebook: https://www.facebook.com/people/Mercy-Hospital-School-of-Nursing-Alumni-Association/100063573370678/

MEMORIAL MASS NOVEMBER 16, 2024







SCHOLARSHIP CORNER

New Guidelines Announced for Alumni Scholarships

Scholarship opportunities are available from the MHSN Alumni Association for members in good standing. An annual budget of \$2000 will be distributed based on the number of applicants. The board will make final approval of scholarship recipients.

Scholarships will be awarded in the following categories:

- College Course/Conference/Continuing Education
- Certifications in Professional Nursing Specialties
- Professional Nursing Organization Memberships

To receive reimbursement, participants will need to submit receipts of payment; certificate of attendance and/or CE certificate; and proof your employer did not already provide compensation. For conferences, we can reimburse the registration fee only – no travel, hotel, mileage, or food.

Process:

- Applications will be reviewed in November
- Anyone interested in applying for a scholarship, please send an email to mercyalums@gmail.com and an application will be sent for completion

NEWS & NOTES

This is Deb Lindsey Evers '75. I have the privilege of coordinating the Basket Raffle for the May 3rd Spring Fling.



If you want to donate a basket, contact me at eversdl@upmc.edu.

Express your creativity! We would appreciate your contribution. Questions? You can call me 412-606-9980.

In Mercy, Debbie

CAMEOS OF CARING

Since 1999, the University of Pittsburgh School of Nursing has recognized the achievements of outstanding nurses from the bedside to across all realms of nursing. The recipients distinguish themselves as exceptional practitioners and influential role models within their specific facilities and the broader nursing community. The MHSN Alumni Association is proud to announce two alumni honored at the awards gala Nov. 9, 2024.

Marjorie Love Leslie '88, DNP, PhD(c), ACNP-BC, AOCNP Director Nursing, Cancer Institute APP Officer, Allegheny Health Network Cancer Institute



This year marks my 37th year of nursing and my 27th year as an advanced practice nurse. Mercy Hospital School of Nursing provided an excellent foundation on which to build my nursing career. An amazing foundation for which I am forever grateful. Following graduation from Mercy in 1988, I received a BSN from Carlow College in 1992, MSN with a minor in nursing education, oncology acute care NP program University of Pittsburgh 1998, Doctor of Nursing Practice from Waynesburg University 2009, currently a PhD-c nursing education focus at Indiana University of Pennsylvania. Oncology has been the primary focus of my career. Starting as a staff nurse in head and neck oncology, brief post anesthesia care unit experience, followed by surgical oncology, cancer educator, oncology nurse practitioner and currently Director of Nursing for the AHN Cancer Institute where I oversee, cancer genetics, skin cancer program, exercise oncology, cancer screening and outreach, and the oncology professional development team.

Jan Donis '84, MSN, RN Sr. Director, Value-Based Care, Wolff Center at UPMC



As I celebrated my 40th year as a nurse in 2024, it provided me an opportunity to reflect on how my career started, from my earliest assignments as a nursing student, to my current role as Sr. Director for Value-based Care, my nursing journey has been quite a ride! I remember in those early days at MHSN feeling like I was more settled into boot camp than nursing school. I would go home and say "If I can survive this, I can survive anything!" And I did survive! The rigorous curriculum and hands-on training seemed rough at the time, but looking back it was indeed a way of preparing for all the experiences that would be part of my nursing career. The friendships and professional relationships I formed at MHSN acted as a lifeline to get through clinical assignments, and reminded us that we were all in this together—especially in those days before electronic health records when it took a whole team of students to decipher the physicians' handwriting. I cherished these connections back then and would say they

continued to be a source of inspiration and motivation long after graduation. The support and camaraderie among my peers provided a strong foundation that has carried me through challenging times and celebrated successes.

Reflecting on 40 years of nursing, I can confidently say that the education and experiences I gained at MHSN were the cornerstone of my professional journey. These days, instead of being on the front lines, I am working on improving quality outcomes for patients and implementing Value-Based Care Programs. Improving quality performance is a fantastic path for a nurse because it allows us to make a broader impact on patient care. By identifying areas for improvement and implementing changes, we can enhance patient outcomes, increase safety, and streamline processes. It's like being a detective and a superhero rolled into one—solving problems and saving the day, one guideline at a time! Enhancing quality outcomes requires creativity, critical thinking, and collaboration, making it a dynamic and rewarding field. The values and principles instilled in me during my time at MHSN continue to guide my practice and to ensure that I provide the highest standard of care through quality initiatives.

Thank you for the opportunity to share my story, I am forever grateful to MHSN and the wonderful instructors I encountered for the profound impact it has had on my life and career. And if anyone ever asks (I mean you, Sr. Carolyn Schallenberger), I still remember how to time tape an IV bottle!

ALUMNI NEWS & MEMORIES:

■ Mary Lou Snyder Hetrick '58

I am a 1958 graduate and can't remember much to tell you! I graduated one Saturday, got married the next!

My life has been busy with 7 kids, now 18 grandkids, and just had 20th great grandbaby!

One thing I do remember was the night supervisor on 2 East, we passed the word, Brenda was coming!

I am still proud to be a Mercy nurse! As we used to say once a nurse, always a nurse!

■ Claire Ehrhardt Miller '53

Thanks for sending me the alumni newsletter. I graduated from Mercey Hospital School of Nursing in 1953, married in 1955, had 5 children all born in Mercy Hospital and have an apartment in Terrace Place, Allison Park. Because I do not drive, I am unable to attend the Memorial Mass on November 16 but will remember everyone in my prayers. Keep up the good work.

■ Patti Ludwig-Beymer '73

I may be too late for the Fall issue about unusual nursing positions... but my most unusual nursing position occurred a few years after graduation. I was registrar and nurse for three months at the Bab edh-Dhra archaeological excavation, an early Bronze Age city on the Dead Sea close to present-day Kerak Jordan. I kept about 60 international workers and volunteers healthy in over 100-degree heat and treated aches, sprains, and an occasional scorpion bite.

■ Amari Robinson

- Summer 2024

I'm currently working in the OR at UPMC Passavant in Allison Park, PA. Baby #2 is due in May!



■ JoEllen Dattilo Jamison '68

My class had a 50-year reunion in the Fall of 2018. It was great seeing everyone. Here are a few photos from that event. Each "group" 1 – 4 had group pictures taken. Thanks for the work you do for MHSN!

Above photo: Peggy Hannigan Petrillo, JoEllen Dattilo Jamison, Kathy Bishop Delaney, Linda Holdinsky Hintzman WE WANT TO HEAR FROM YOU!



Search your closets, albums, wherever you have your old pictures and memories!

Submit what you find to: mercyalums@gmail.com

We'll add them to the newsletter, Facebook and/or the web site. Please remember to add names and graduation years!



To All The Alumni Who Contributed To This Issue!



Front: Linda Holdinsky Hintzman, Cathy Heindl, Sophie Gawlowski Anisko, Peggy Hannigan Petrillo, JoEllen Datillo Jamison, Carol Sutara, Puddie Straka Ufola. Back: Linda Staab Daniel.

ALUMNI NEWS & MEMORIES CONTINUED

■ Alice Piedle Boyle '60

Hi Alumni Board,

I wanted to be nurse at a very early age. When I graduated from St. Benedict's Academy in 1956, it was necessary to work as a secretary for a year to have the money required for Mercy.

We worked all shifts. After graduation I worked at Mercy, Magee, and Virginia Beach Hospital. Then I became a Nurse Case Manager with BC/BS, which became Highmark. All of it was rewarding.

I married Charles Boyle. I met him at a dance that we had at Mercy. We have four children, nine grandchildren and two great grandchildren. We continued to do ballroom dancing. We also have done traveling in Europe. Thank you for this project.



I believe from left to right are: Joanne Prazenica, me, Roseanne Policastro, Carol Rohal



Sister Carolyn and the Alumni Board members ask you to consider serving on the Board.

It is not a lifelong commitment!

We need you to help us with our current projects and bring new ideas for future ventures.

Meetings are held online and available to all, no matter where you live.

Please send inquiries to Sister Carolyn at mercyalums@gmail.com

WHOLISTIC CARE: BODY, MIND, AND SPIRIT

Check out the website of the Spiritual Care Association and Westberg Institute for Faith Community Nursing www.spiritualcareassociation.org









The Nursing Division of the Spiritual Care Association focuses on the spiritual dimension of professional nursing practice including registered nurses, advanced practice and specialty practice nurses from a wide variety of hospital and non-hospital-based settings.

The Nursing Division of the Spiritual Care Association proudly partners with the Westberg Institute of Faith Community Nursing to support the advancement of the spiritual care component of nursing practice as an integral aspect of high-quality whole person care for all including the professional providing the care.

Mission

Our mission is to support best-practice nursing spiritual care and self-care through education, mentoring, and resources for nursing professionals and nursing-related organizations.

MEMORABLE PATIENTS

"Nursing is not about the years, it's about the moments."

This quote emphasizes the true essence of nursing...those moments when you connect with a patient, whether with a fleeting act of kindness or at an especially vulnerable time. Knowing you've made a difference in someone's life is the most rewarding aspect of being a nurse.

Patricia Klimashko Harkins '67

This is a story about a special patient I had shortly after graduation. I was working on the 8th floor in Mercy Hospital. A new patient was admitted with diabetes complications and was going to have his leg amputated. He was a very nice man, and I gave him his insulin every morning as well as preparing him for surgery. At this time, we worked 8-hour shifts (for many days in a row) so I got to know him very well. One morning I arrived on duty and found a surprise on the door of his room. He had an enlarged Nancy picture (from the Nancy and Sluggo comic strip) complete with nursing cap on head, syringe in hand, and name Patty written on the bottom. I was so touched by this gesture and still have this picture. It was a wonderful way to start my 49 years practicing as a Mercy nurse.

■ JoEllen Dattilo Jamison '68

Since retiring in 2014, I have been subbing in the school health clinics in my community. It is the most fun job I have ever had! I sub in elementary, middle, or high school clinics when the school nurse needs to be off. One of the funny things I encounter is when a parent needs to be called to discuss the student's complaint. In the clinic, there are only landlines! Most of the younger kids have never seen or used a landline! Talk about feeling like a dinosaur! I give instructions on how to hold the phone and say "hello." At first, they whisper "hello." I tell them to speak up, but then they shout. We eventually get it right, and mom is able to talk to her child.

■ Michele McMahan '87

Hello, here is my story. It's sweet and funny.

While I was the Nurse Manager of the DCI dialysis outpatient clinic in North Versailles, PA, I had a sweet 90-year old lady/patient who loved baseball. She could name the starting lineup of the Pirates with rotating pitchers. Incredible

She didn't like hockey. She said it was

too violent. She didn't like the fighting. I said to her. "I went to a boxing match one time and a hockey game broke out."

She said "ooh, that's a good one" She is hard to forget.

I also volunteer with ANNA (American Nephrology Nurses Assn.) local 3 Rivers Chapter. We present educational seminars with CEU's. I could send the flyer if you think anyone would be interested. Many thanks for continuing the Alumni Assn. and the newsletter.

■ Linda Dunlop Fowler '62

Here is my BLURB about my patient of 61 years ago.

In 1964, while working at University of California Medical Center (San Francisco), I met a 19-year-old paraplegic patient. The patient had been the pilot in a plane crash. In those days, the length of stay for these patients was months v. days/weeks. After the acute hospitalization, the patient transitioned to inpatient rehab. From a wheelchair, this patient graduated college, completed medical school, practiced medicine, and eventually retired. Another accomplishment...

He got back into the cockpit and piloted again! We have maintained a nurse-patient relationship for 61 years. We send cards to each other highlighting our individual lives. I was his NURSE and he was my PATIENT.

■ Dorothy Kornosky Mayernik '67

"You're an angel" is a common expression by a grateful patient, but one of my patients did that one better. In the late 1970s, I worked on a med-surg unit where all the nurses were in their 20s and 30s. IMHO, those were the glory days of wearing white uniforms, white stockings, Clinic shoes, and your starched cap perched on your head! In this time before Utilization Review Nurses, patients stayed in the hospital a lot longer than they do today. Continuity of care was terrific, and we got to know the patients well. A patient of ours was finally discharged and soon sent a thank you letter. He was a writer working in the communications field, and as expected, the letter was articulate, detailed, and heaping with praise for everyone. His illness and many days on our unit gave him time to observe the nurses and appreciate their individual personalities...how he was helped by each one. He summed up the thank you letter with, "I want to sincerely thank all of the nurses who took such good care of me...you all are a cross between Mother Teresa and Charlie's Angels."

■ Debbie Scheller Koch '73

Remembering Mr. H

Your stammering and palsy caused you to

live your life alone.

I could see your gentle smile but tortured soul.

At first you trusted me as you talked about your perceived persecution.

CONTINUED ON PAGE 9

MEMORABLE PATIENTS CONTINUED

It is said that delusions have a thread of truth.

You responded to kind understanding and acceptance

of you, not the beliefs.

When I wouldn't take you to report it to the police

reminding you of what happened before,

You threw me out of your house and wouldn't let me back.

The cards that I sent you were to let you know that

you were in my thoughts...and I was here if you needed.

Many months later the hospital called...

You listed me as your emergency contact

You needed me and asked for me they said.

Thankful that you trusted me enough to give me your key,

I did as you asked and brought the 4 bags

that contained your life, from your home

to my office for safe keeping

so those "persecuting" you wouldn't get them.

One of the two who visited you, I prayed

when you gave up hope.

And when I heard that you moved from this world

to the next

I wept.

■Mary Ann Curley McDonough '75

Working in IMC on 4S, young Tommy sustained multiple injuries and was comatose from a motorcycle accident. In caring for him, I would say "let's lift it and shift it" before repositioning him.

His faithful little wife visited daily. One day I realized he was communicating with me with gross motor movements. Dr. Boron decided I had been caring for Tommy too long and had become too attached. We struck a deal—if I proved Tommy was communicating, I could continue caring for him. Tommy raised his right arm on command, bringing tears to everyone's eyes. Tommy was transferred to another unit shortly after and I lost track of him.

A few months later I saw his wife... Tommy was in the Rehab Unit. I went to visit and was talking in the hall-way, when a voice I never heard before called out, "Lift it and shift it – where are you?" He had been searching for me! No one knew a nurse named "lift it and shift it"! I always spoke to patients, but after Tommy, I made sure to continue conversations and stress to everyone the importance of talking.

■ Ginny Stetar Behm '60

The patient who touched my heart was a young girl with leukemia. If she wanted anything to eat, we would call every floor until we found it. Unfortunately she passed away. And her mom knelt at her beside and cried. And said, "Thank God." That family touched my heart.

■ Theresa Brown Krzemien '73

As Nurse Manager of the Intensive Care Unit. I made rounds with each individual nurse at the patient's bedside after shift reports were completed. As I entered cubicle #4, the assigned nurse reported to me the details of our new overnight admission. This 100-year-old gentleman was admitted from the Emergency Department to the ICU due to congestive heart failure and chest pain.

This sweet man greeted me with a tired smile and a weak gentle clasp of his large hand with long fingers. He removed his oxygen mask and said to me, "I am famous and I'm going to be on the front page of the newspaper." Assuming that his comment was the result of his age and compromised O2

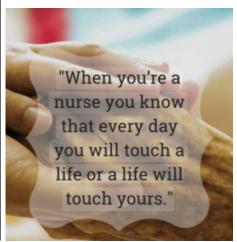
saturation, I replaced his oxygen mask back on his face and told him to rest now and I would be back to talk to him. I proceeded to finish rounds on the other patients. Mid-morning, I went to the snack bar for a coffee break and as I paid the cashier, I glanced at the basket next to the counter that held the morning newspapers. There, big as life, was a picture of my patient. He WAS famous and he WAS the feature story on the front of the newspaper!

The story was about his job, playing the piano at the George Washington Hotel at the age of 100. I took the paper back to the ICU and gathered all the nurses. We presented it to him and congratulated him on his talent and accomplishment. As he read the article, his bright, radiant smile and joyful expression was evident even through his oxygen mask. Approximately 30 minutes later, I assisted with a transfer of a patient to the step-down unit. While I was there, I heard an announcement, "Code Blue, ICU... Code Blue, ICU."

I quickly returned to the unit to find the Crash Cart at the bedside of our "famous piano man." He died with the Washington Observer daily newspaper neatly folded and at his side.

What a gift from God to die happy and fulfilled at the moment of death.

Lesson learned by this Mercy nurse... every patient has a story to tell. Take the time to listen.



50TH REUNION

Plans are underway for the Class of 1975 to celebrate our Golden Reunion this Fall! We're searching for classmates so pass the word! Please forward your contact information to macm915@gmail.com. Even if you are unable to attend, we would like your information so we can include you in the planning and place you on the "Found" list. Hope to see you!

The Committee:

Mary Ann Curley McDonough, Millie Anderson Yates, Joan Andrulonis Deangelis, Eve Rozinsky Medich, Ellie Matro Yearsley, and Debbie Lindsey Evers



Mary Ann Curley, Cheryl Haines, Joan Smith, and Millie Anderson Fran Filotei, Millie Anderson, Diana Davis, and Valerie Foschi



SOLICITUDE

Sent in by Sheila Geisler Gealey '67

One Friday on Calvary, as in a hospital ward Three men lay dying—among them Our Lord. Twas the worst case of neglect ever recorded. These patients whose pain Pilate had ordered. On three hard beds in, the shape of a Cross Without pillow or blanket, no nurse would endorse. Now the One in the Center our attention should claim; Jesus of Nazareth, the chart gave His Name. A cardiac condition, examiner's find— Excessive love for the whole of mankind. Now you who are nurses, just listen to this; Unsterilized nails pierce His Feet and His Wrists. And what about this for cruel medication? Vinegar and gall were His Lips 'leviation. His Back men wounded by blows and welts, Yet no soothing ointment relieved the hurts. No cold compress was applied to His Eyes, The world's greatest lover just hangs there and dies. Not a grain of morphine, not a tourniquet set, As Mary's Son slowly bleeds to death.

The chart then concluded, as further we see; "The sad Man from Nazareth died about three." His loved ones mournfully went their way— His Mother, Magdalen, and John so they say. Now don't blame the Jews for this frightful neglect, Our sins did it all; our sins do it yet. This treatment of Christ demands reparation, It falls to you Nurses of this generation. Whenever you see anyone in pain Just make believe it is Calvary again. And do for the patient what you wish they had done. For the Man in the center—The Innocent One. It will thrill His Angels, it will please Him too; Just keep at it, 'till life's work is through. And when after death your soul mounts on High God will "cap" you again in His Name in the sky. And on Judgment Day when heaven you will win, Because nursing your patient you really nursed HIM!

The Roosevelt-Review, Roosevelt School of Nursing, New Your City, Vol.31 - No. 4, P. 51. Feb. 14, 1962

Alumni Association Dues Renewal 2025 Please detach and return with your dues/donation

Include photos and notes with your Mercy Memories and Updates!

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First	Maiden	Last	Class	
Address				
Email		Phone number		
Please fill in the	information belo	w for a Mercy alum who is not	a member.	
V	Ve will gift them a	free 1-year membership.		
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\$25 membership	Donat	Donation to MHSN Alumni Association		
	- •	HSN Alumni Association and a		
Spring Fling — May 3, 2	2025			
11 a.m. Mass – Mercy Hospital Ch 12 noon – Luncheon and Fellowsh		Name		
RSVP before April 23, 2025		Class of Address		
Mail this form and check for \$30 to	:	City State	ZIP	
MHSN Alumni Association P.O. Box 53123		Email		

Phone

Pittsburgh, PA 15219

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